Choosing your Workplace, Attitude

Alan R. Crnko <u>CRNKEAUX</u> HOW YOU CONTRIBUTE TO THE WORK PLACE

MAKING THE BEST OF YOUR SITUATION THINGS THAT ARE PRESENT IN A POSTIVE ENVIRONMENT

RECOGNIZING AND CHOOSING ATTITUDE INFLUENCES

WHAT IS AN ATTITUDE?

Your contribution to the Workplace.....

What do you bring?

What would prevent you from contributing?

What can you do to keep those causes from impacting you?

Things that are present in a positive work environment



SAFE

FAIRNESS

RELIABLE

ENJOYMENT

ACHIEVEMENT

What is an Attitude?

a person's perspective toward a specified target and way of saying and doing things

What influences your attitude?

Health, job, boss, weather, family, other people's attitude, Time of day, day of the week, month of the year

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S.E.E.

Behaviors

1-1P

Motivation

Self-Dialog

Beliefs / Values

So it is your choice...

How do you make the best of your situation?

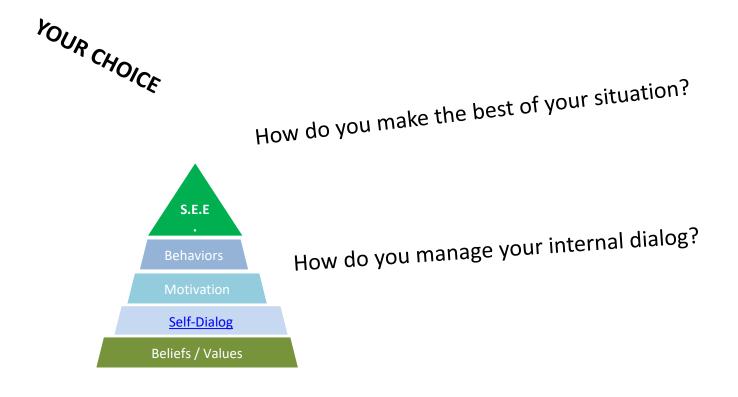
Behaviors Motivation <u>Self-Dialog</u>

S.E.E

Beliefs / Values

How do you manage your internal dialog?

How do you control how outside influences impact what is going on inside?





How do you control how outside influences impact what is going on inside?

Lets Review:

What do you bring to the workplace

Things that are present in a positive environment

What is an Attitude?

Recognizing and choosing Attitude Influences

Making the most of your situation

Lets talk about this path you are walking on

Choosing Your Work Place Attitudes



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